

OFFICIAL MINUTES
OF THE
BOARD OF HEALTH OF THE BOROUGH OF DEMAREST

Regular Meeting

November 15, 2023

The meeting was called to order by Dr. Nisha Gandhi at 7:35 p.m.

President Dr. Nisha Gandhi made the following announcement: The notice requirements of the Open Public Meetings Act of the State of New Jersey have been satisfied by the inclusion of the date, time and place of this regular meeting in the annual schedule and notice of regular meetings is posted at Borough Hall, was mailed to The Star Ledger and The Record and was filed with the Borough Clerk.

Roll Call

Present: Dr. Gandhi, Dr. Richards, Ilana Mitiliski, Dr. Gidwani, Dr. Nelson Also present, Board of Health Secretary Lee Campbell and Health Inspector Kristen Caperino

Absent: Roberta Hoag and Councilwoman Hamilton.

Salute to the Flag

Approval of Minutes

Motion to approve January 18, 2023, Minutes, Dr. Richards 2nd Illana Mitiliski.

Board Secretary's Report: The number of pets, marriage and business licenses that were issued to date. Pet licenses for 2024 are being delivered and new pet license application is ready for distribution for the first of the year. Two reports of bats in homes this past summer, all testing negative for rabies.

Health Inspector's Report

All food establishments and pools have a satisfactory report. Confirmation of the two bat incidents were negative. Two dog bites, both times the dogs were quarantined for 10 days. Both animals had up to date rabies vaccination and were licensed for The Borough of Demarest. Dr. Gidwani asked if domestic animals are bitten by wild animals what is the process. Response, The domestic animal is quarantine for 45 days if the wild animal is not found and tested. Domestic animals can get a blood test after 10 days of quarantine. If the rabies test is negative, the animal can be taken out of quarantine.

Old Business:

Mayors Wellness: Forming a subcommittee and grouping with local towns to combine health awareness and activities. Highschool students as liaisons to help with social media and health awareness. The students will receive community service. Discussions of having a 5-week challenge at various locations in and around Demarest for incentives to win prizes at the end of

the 5 weeks. Partnering up with the Demarest 5K-2024 and sponsoring a table at Demarest Day 2024.

The BOH is preparing to host a rabies clinic in February 2024.

New Business:

BOH is seeking information on classes on Narcan, CPR, and AED. Dr. Nelson has volunteered to teach the classes. Health Inspector Caperino reported Haworth holding their first Narcan class as being successful with samples of Narcan given out to the attendees. Dr. Gidwani reported a number to get free samples of Narcan 8774narcan.

Bergen County Wellness Programs at no cost offer seminars geared to Senior Citizens. The Board will choose the top subjects at the January 2024 Meeting. Wellness checks will be held at The United Methodist Church the 2nd Tuesday of every month excluding February, July, and August.

Members would like to seek the approval from the Mayor and Council to hold meetings via hybrid/zoom which will aid in more member attendance.

Open to the Public: No one from the public attended.

Adjournment:

There being no further business to come before the Board, Dr. Richards motioned to close the meeting 2nd by Dr. Lewis

The meeting adjourned at 8:24 pm.

Respectively submitted,

Lee Campbell, Board Secretary