

**Board of Health  
Demarest Borough Hall  
7:00PM**

**MINUTES**

**RE-ORG MEETING**

**March 19, 2025**

**MEETING CALLED TO ORDER**

**Dr. Nisha Gandhi opened the meeting at 7:05 pm with the following announcement: PUBLIC ANNOUNCEMENT OF MEETING:** The notice requirements of the Open Public Meetings Act of the State of New Jersey have been satisfied by the inclusion of the date, time and place of this regular meeting and notice of regular meeting was posted at Borough Hall, was mailed to The Star Ledger and The Record and was filed with the Borough Clerk of the Borough of Demarest.

**1. Roll Call: Present,** Dr. Misha Gandhi, Ilana Mitiliski, Ed Yezekian, Dr. Helen Richards, Council Person Liaison Jonathan Reiss, County Board of Health Officer Kristen. **Absent,** Roberta Hoag, Dr. Jody Reiss, and Dr. Gidwani

**2. Approval of minutes:** Motion to approve November 11, 2024, Minutes, 1<sup>st</sup> Ilana Mitiliski, 2<sup>nd</sup> Ed Yezekian, all were in favor.

**3. President, Vice President:** Board of Health members voted on President and Vice President. 1<sup>st</sup> motion for Dr. Nisha Gandhi, President, Ilana Mitiliski, 2<sup>nd</sup> by Ed Yezekian, all were in favor. 1<sup>st</sup> Motion for Ilana Mitiliski for Vice President, Ed Yezekian, 2<sup>nd</sup> by Dr. Nisha Gandhi, all were in favor.

President, Dr. Nisha Gandhi acknowledges the members who have resigned due to work conflicts, Dr. Nelson and Dr. Kim for their dedication and service as members of the Demarest Board of Health and welcomes new members Dr. Jody Reiss and Ed Yezekian to the Board.

**4. Secretary Report:** Update on Animal License distribution and late fees that took effect as of March 1, 2025, 1 Marriage License was applied for, and all Business's are up to date on the annual Business License for 2025. Blood Born Pathogen Training for 2025 is completed by most Departments.

5. The Board of Health Secretary reported all Businesses are in good standing with health inspections and have satisfactory reports. Also discussed were the upcoming pool openings, and inspections for food vendors at day events in the Borough.

**6. Old Business:** There was no update on the Mayor's Wellness Challenge to discuss and was tabled for this year. Matter of Balance Program will be held at the Train Station for Seniors for 8, 2-hour sessions, once a week. Sessions will begin on May 6, 2025, and end June 24, 2025. President, Dr. Nisha Gandhi asked how the information is getting distributed? Secretary, Lee Campbell replied, "On the electronic board, flyers are at the Train Station, Borough Hall, the Library, and Mayor Bernstein's weekly newsletter." Sign up for the sessions are through the Board of Health Office. President Dr. Nisha Gandhi discusses getting awareness out to the Borough Residents through public events. Vice President, Ilana Mitaliski adds that volunteer students are interested in helping with the 5-K helping participants stretch and having members of the BOH having a water station to pass out to the participants. President Dr. Nisha Gandhi added, "She has reached out to the volunteers running 5-K but has had no response" Board Secretary, Lee Campbell will email President Dr. Nisha Gandhi with an update who the new contact person is. Partnering with the EMS to bring awareness to CPR and the where the AED machines are located within the Borough. Vice President Ilana Mitaliski explains where at NVD the AEDs are located. Council Liaison Jonathan Riess adds Ms. Roberta Hoag is working on the locations. Member, Ed Yezekian adds that he is certified in CPR and AED and would participate in bringing awareness to the Community.

**7. New Business:** A motion by Vice President Ilana Mitalisky to adopt the 2025 BOH Meetings, 2<sup>nd</sup> by Ed Yezekian, all were in favor. The remaining 2025 dates are as follows, 5/21/2025, 7/16/2025, 9/17/2025, and 11/12/2025. Bi Laws were discussed, Council Liaison, Jonathan Riess will contact Council Person Fox and will give an update at the 5/21/2025 meeting.

**6. Open to the public:** No one from the public attended

**7. Adjournment:** Motion to adjourn, 1<sup>st</sup> Vice President Ilana Mitaliski 2<sup>nd</sup> Dr. Helen Richards, all were in favor. Meeting adjourned at 7:52pm.

**Respectfully Submitted, Lee Campbell BOH Secretary**