

OFFICIAL MINUTES
OF THE
BOARD OF HEALTH OF THE BOROUGH OF DEMAREST

Regular Meeting

July 17, 2025

The meeting was called to order by Vice President Illana Mitiliski at 7:01 p.m.

Vice President Illana Mitiliski made the following announcement: The notice requirements of the Open Public Meetings Act of the State of New Jersey have been satisfied by the inclusion of the date, time and place of this regular meeting in the annual schedule and notice of regular meetings is posted at Borough Hall, was mailed to The Star Ledger and The Record and was filed with the Borough Clerk.

Roll Call

Present: Illana Mitiliski, Dr. Helen Richards, Dr. Jodi Reiss, Roberta Hoag, Council Liaison Jonathan Reiss and County Health Inspector Laura Folco

Absent: Dr. Nisha Gandhi, Dt. Umesh Gidwani, Ed Yezekian

Salute to the Flag

Approval of Minutes

Motion to approve March 19, 2025, Minutes, Dr. Richards 2nd Illana Mitiliski.

Board Secretary's Report: Lee Campbell reported on the late notices for animal licensing we mailed to residents. Marriage Licenses to date were 6. There were 5 dog bites including a Borough Employee. Matter of Balance Program was successful. The BOH would like to continue with the program for Seniors as well as other free classes the County has to offer. Roberta Hoag suggested, if the train station is not available or space is of concern, to contact the Methodist Church

Health Inspector's Report

All food establishments and pools have a satisfactory report. Health Inspector Laura Folco also added regarding dog bites that it is more common for bites to occur during 4th of July due to the fireworks and the hands of the owners. The County has a new system that they are being trained on for easy access to check animal reports. Bats were also discussed and Laura Folco explained to the members that bats are protected and there are certain times of the year that bats cannot be removed from a home, nor can the entry path be blocked.

Old Business:

Bi laws tabled. Budget was passed and an update will be provided at the next BOH Meeting or upon request. AED training was tabled. Upcoming Borough events were discussed, Demarest Day, Octoberfest, and 2026 5K. Roberta Hoag suggests having a table with handouts from the County.

Tentative date for the Flu Clinic will September 18, 2025, 2:00 pm – 5:00 pm and will be held at the Borough Hall confirmed once the County has the vaccines. Health education for students in

New Business:

High School regarding volunteering on behalf of the BOH for the 5k. Illana Mitaliski will have a hand in having students demonstrate stretching, balance, and techniques in preparing to participate in the 2026 5K. She has offered to get contact info for the Board Secretary so BOH can participate in the event.

Open to the Public: No one from the public attended.

Adjournment:

There being no further business to come before the Board, Dr. Richards motioned to close the meeting 2nd by Roberta Hoag

The meeting adjourned at 7:21 pm.

Respectively submitted,

Lee Campbell, Board Secretary