



There seems to have been some technical difficulties with today's message concerning the library information-some old program info snuck in! Here is updated information from the Demarest library!

Please join us at The Demarest Free Public Library on Saturday, September 26th from 11:00 AM - 12:00 PM for

a presentation on Dementia from Demarest Resident Dr. James Noble, author of "Navigating Life With Dementia."

Dr. Noble is pleased to return to the library to provide an update after his last presentation in 2023. Register to secure your spot [here](#)!

Come join us for a relaxing adult chair yoga session at the library with instructor Lori Brophy on Monday, September 21st from 10:00- 11:00 AM.

Registration is required! Register [here](#)!

Have a great weekend!

*My Friday emails to the residents are now reaching **1,247 people**! My goal is for every Demarest resident to be up to date on what is going on around town, please help with that goal by forwarding this email to your friends so they can visit demarestnj.gov and sign up for my weekly emails! The link can be found about halfway down the homepage.*

Borough of Demarest | 118 Serpentine Rd. | Demarest, NJ 07627 US

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