



Demarest Digest

Please come out and enjoy these events
in our beautiful borough of Demarest



DEMAREST DAY

The Demarest Recreation Commission Presents

Demarest Day 2019
Saturday, September 21, from 11 - 3pm
at the Demarest Duck Pond
Featuring... Kids Rides, Inflatables, Games & Prizes,
Food Trucks, Face Painting, Vendors

&

The Demarest Fire Department's
125th Anniversary Celebration
from 3 - 7pm
Featuring... Open House, Demonstrations, Giveaways
Live Music by The David Christopher Band,
Food provided by 5Alarm Backyard BBQ,
and FIREWORKS at 7:30 at Wakelee Field!!!

Raindate September 22nd



DEMAREST FIRE DEPARTMENT
Setting the Standard Demarest since 1894

As a reminder: The new, improved website can be found at Demarestnj.org (not the old .net). Should you find errors in this newsletter, please email Marti Francis at francis.demarestnj@gmail.com.

Calendar of Events

- September 2 Borough offices closed for Labor Day
- September 3 Municipal Court at 5:30 pm
- September 6 “A Garden Safari” with Mary Jo Sichak at United Methodist Church 2:00 pm
(see Garden Club article)
- September 11 911 Memorial Service at the Railroad Depot at 6:30 pm
- September 14 Holy Angels Art Auction 7:00-10:00 pm
- September 16 Health Consultation at the Library 10:00-11:00 am
- September 21 Demarest Day at the Duck Pond 11:00-3:00 followed by Fire Association 125th
Anniversary Celebration and Fireworks (see front of newsletter)
- September 21 John Goodwin Nature Photo Contest Deadline (see Nature Center article)
- September 23 Mayor and Council meeting at the Borough Hall at 7:30 pm
- October 1 Municipal Court at 5:30 pm
- October 4 Flower arranging presentation by Barbara Mullens at United Methodist Church
2:00 pm (see Garden Club article)
- October 12 Craft Fair at Oktoberfest at the Duck Pond 10:00 am to 5:00 pm (see Nature
Center article)
- October 14 Borough offices closed for Columbus Day
- October 21 Health Consultation at the Library 10:00-11:00 am
- October 23 Flu Clinic at the Borough Hall 10:00-11:30 am and 6:00-7:30 pm
- October 26 Halloween Parade at the Railroad Depot at 4:30 pm (in inclement weather, the event will
be held at the Luther Lee Emerson School)
- October 28 Mayor and Council meeting at the Borough Hall at 7:30 pm
- November 9 Dog Walk at Nature Center, meet Wakelee Field at 10:00 am (see Nature Center article)
- November 11 Borough offices closed for Veterans Day
- November 13 Municipal Court at 5:30 pm
- November 16 Rabies Clinic at the Railroad Depot 10:00-11:00 am
- November 18 Health Consultation at the Library 10:00-11:00 am
- November 25 Mayor and Council meeting at the Borough Hall at 7:30 pm
- November 28-29 Borough offices closed for Thanksgiving weekend (Thursday and Friday)
- December 6-8 Pottery Show at Art School at Old Church (see article)

Police Department News

Christopher Bianchi was promoted to Chief of Police on 07/29/2019. Chief Bianchi is looking forward to working with the community. Feel free to contact the Chief's office at 201-768-1544 or email chief@demarestpd.org with any questions or concerns.

With schools opening, we need the help of residents to protect our children and school crossing guards. Any person who sees an incident of unsafe driving, including double parking or unsafe conditions, such as blocking the view of a crossing guard, is urged to notify the Demarest Police Department at 201-768-1540 as soon as possible. Please allow extra time in your commute to deal with increased traffic due to school drop offs and an increase in pedestrian traffic. Your cooperation and assistance will be greatly appreciated in keeping our children safe.



We would like to congratulate Special Police Officer Class II Alana Luna and Special Police Officer Class II Domenic Pizzanelli on their graduation from the Passaic County Police Academy Class #19-10. We look forward to having these officers join our department and community.

Looking to receive Alerts and Advisories from the Demarest Police Department? Text 07627 to 888-777 to opt-in. Please visit us at www.demarestpd.org for department updates, forms and permit information. Like our Facebook page and follow us on Instagram.

Upcoming Municipal Court Dates

Demarest Municipal Court will be held at 118 Serpentine Road on the following dates:

Tuesday, September 3 at 5:30 pm

Wednesday, November 13 at 5:30 pm

Tuesday, October 1 at 5:30 pm

Tuesday, December 3 at 5:30 pm

CCO Reminder from the Building Department

In order to rent or sell your home, a Certificate of Continued Occupancy is required. You must complete the application, pay the required fees and have the home inspected prior to any change in occupancy or ownership. This process takes approximately 4 weeks, so make sure you allow ample time. Any question, please call Kate Williams at 201-768-3398.

From the DPW: Recycling and Pickup information

Leaf pickup starts Tuesday, October 15 and runs through December 6. If you have brush that needs to be picked up, please call the DPW at (201) 768-5439. If no one is available to answer the phone, please leave a message including your name, address and phone number.

2019 Recycling Information

Recycling; It's the Law

1st and 3rd Wednesdays- Curbside pickup of comingled recyclable containers.

Containers must be **clean and empty**. Place containers in a trashcan or larger container, not in paper or plastic bags. All recycling symbols accepted (1-7). Glass bottles, jars and containers. All colors. Lids and caps on or off. Waxed paper cartons that contained liquid, milk, juice, sports drinks, broth, soup, juice boxes and frozen food cartons. Clear, colored or black plastic bottles, containers, food-to-go containers, muffin, cookie and cake containers. House- hold cleaning wipe and baby wipe containers. Glass or plastic soda, water, milk, alcoholic and non-alcoholic beverage containers. Soap, shampoo, conditioner, detergent bottles from bathroom and laundry room. Clean, dry paint cans with lids off. Tin, steel, bimetal and aluminum food containers like coffee cans, beverage cans, soup and pet food containers, empty aerosol cans, etc. Clean aluminum foil pie plates, cooking trays and pans. Yogurt, mayonnaise, cheese, peanut butter, ketchup and mustard containers. Empty cooking oil, butter and margarine plastic or metal containers.

Items Not Recycled

Place boxes with residue (e.g., pizza boxes) in regular garbage. No used paper plates, paper cups or paper towels. No Styrofoam, plastic bags, plastic shopping bags. No plastic knives, forks, spoons or dishes.

No ceramic, pottery, crystal, cups, plates or glasses, flower pots, garden hoses. No windows, plate glass, mirror glass or light bulbs. No meat trays. Do not recycle automotive use containers such as anti-freeze jugs or motor oil bottles.

2nd and 4th Wednesdays- Curbside pickup of newsprint, magazines, catalogs, junk mail, office and computer paper, paper bags, telephone books, cardboard and cereal type boxes tied in bundles not to exceed 12", placed in brown paper bags or reusable containers. Corrugated boxes are recyclable; do not put out for garbage as they will not be taken.

THERE ARE NO RECYCLING PICKUPS ON THE FIFTH WEDNESDAY OF THE MONTH

Building and construction materials WILL NOT be collected. Private arrangements must be made for disposal. The Borough is no longer collecting household batteries

DPW: 768-5439

Trash Collector: Interstate Waste Services : 201-768-5407

Please see our [calendar of events](#) on our website at DemarestNJ.org.

Municipal Parking

If you are in need of additional parking or somewhere to store a vehicle that should not be parked in your driveway, there are spots available downtown for a nominal permit parking fee. To inquire, please call the Borough Clerk, Susan Crosman, at 201-768-0167, ext. 139, for further details.



The Demarest Nature Center

September 21: John Goodwin Nature Photo Contest Deadline. Deposit entries in our basket at the Demarest Free Public Library or the Art School at Old Church. All photos must be taken in the Nature Center. Winning photos will be revealed at Oktoberfest. See our website for contest details.

October 12: Craft Show at Oktoberfest 10 a.m. to 5 p.m. Handmade crafts, canoe rides, children's nature activities, and--something new!-- authentic German food and beer catered by the Mason Jar Restaurant of Mahwah.. We will have tight controls on the beer to prevent intoxication or the serving of minors. Rain date Oct. 19.

November 9: Annual Dog Walk through the Demarest Nature Center. All area dogs and their "leashed" masters are welcome for an easy hike leaving from the Demarest Nature Center parking lot next to the Imaginative Playground in Wakelee Field at 10 a.m. We will return before 11:30 a.m. Rain or shine. No unleashed dogs please.

The Art School at Old Church

Register now for fall registration, which began on July 16 and is ongoing until September 9. Fall classes begin on September 9. Winter Registration begins on November 5.

September 3-October 18, the Mikhail Zakin Gallery Presents "On a Different Page" curated by Eileen Ferara.

October 1 - October 31, The Cafe Gallery Presents "Art of Survival" exhibition for Domestic Violence Awareness

All Gallery exhibits and receptions are open to the public Monday through Friday from 9:00 AM to 5:00 PM and on Saturday from 10:00 AM to 3:00 PM. Please call to confirm hours.

45th Annual Pottery Show & Sale at The Art School at Old Church: Friday, December 6, 6:00-9:00 pm, Saturday, December 7, 10:00AM-5:00PM and Sunday, December 8, 11:00AM-4:00PM

Suggested Donation: December 6th, \$20; December 7th and 8th, \$10 at 561 Piermont Road

From the Finance Office

Fourth quarter taxes are due November 1, 2019 (grace period ends Tuesday, November 12). You may pay your taxes online via the Borough website www.demarestnj.org. You will be charged a flat \$1.50 for electronic check payments; 2.65% for Credit Card transactions. If you have questions, please call our office (201) 768-3611, Monday to Friday 8:00-5:00.

Follow these steps: Click on tax payment. Click on Add item on the next screen. Click on Checkout in the next screen. On the next screen, supply all the information requested and make sure that you check the box acknowledging that you agree with all the charges. On this screen, you can switch to pay by electronic check rather than credit card if you wish. You can search your tax amount by Block/Lot **or** last name. If you use Block/Lot, please exclude the 0s preceding your Block & Lot on your tax bill (key in 25-8 or 120-3.01 or 120-11.31-C00E1; please note the Caps with the Bellaire Condominium units). If you are having trouble with the Block/Lot, try searching by your last name.

Board of Health News

The Board of Health along with the Demarest Library invite you to a FREE Health Consultation Program. This program is made possible by the contract the Demarest Board of Health holds with the Bergen County Department of Health Services.

WHERE: Demarest Library 90 Hardenburgh Avenue (2nd floor conference room)

WHEN: 3rd Monday of Every Month

TIME: 10 am to 11 am

REMAINING DATES FOR 2019

Sept. 16

Oct. 21

Nov. 18

Dec. 16

SERVICES INCLUDE:

◇ Health History Evaluation

◇ Blood Pressure Measurement

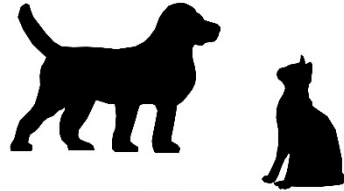
◇ Height and Weight

◇ Individualized Counseling and Education

◇ Referral and Follow-up

◇ Confidential Consultation with a Nurse

For more information, call the library at 201-768-8714.



Rabies Clinic

The Demarest Board of Health will be hosting a free rabies clinic on Saturday, **November 16th**, from 10am-11am at the Railroad Depot. Pets must be brought to the clinic site on a leash or in an appropriate carrier by someone capable of maintaining control of the animal. The vaccine will be given to dogs six months or older and cats three months or older. Please examine your pets' rabies expiration date to determine if the vaccination is needed.



Seasonal Flu Clinic

The seasonal flu vaccine clinic will be held on **October 23rd** from 10am-11:30am & 6pm-7:30pm at the Borough Hall. This program is for Demarest residents 65 years or older. Please bring your Medicare Part B card. Medicaid HMO will not be accepted. Quadrivalent (NOT HIGH DOSE) will be administered by a nurse from the Bergen County Department of Health Services.

For more information on any of these programs, please check the borough website or call the Demarest Board of Health @ 201-768-0167 Ext #130. [CDC Link to types of flu vaccines](#)

Removal of Large Appliances and Other Equipment

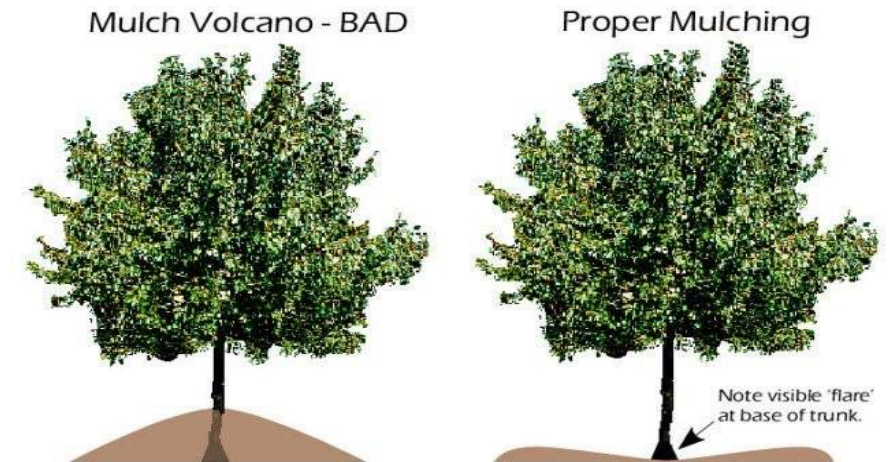
Please call IWS sanitation at 201-768-5407 to schedule an appointment for the pickup of large appliances and other household equipment. Refrigerators, air conditioners, and ice makers must have the Freon removed by a certified service person before pickup. If you are buying a new appliance, please check with the merchant as to whether it will remove and dispose of the old appliance.

Demarest Shade Tree Commissioners' Corner

Please No Volcanoes!

Some landscaping companies don't know that mulch volcanoes are bad. A mountain of mulch, piled high against the tree trunk does not kill a tree immediately—it results in a slow death.

When using mulch, NEVER pile against the bark of a tree. Tree bark is the outermost protective layer of a tree meant to protect the trunk. It works best exposed to air and light. When mulch is piled around the trunk of a tree, it is now exposed to dark and moisture. The bark will begin to rot and then cannot protect the tree from insects and diseases.



Properly mulching your trees conserves moisture, prevent weeds, and moderates soil temperature. Apply mulch 2 to 4 inches deep, as wide as the drip line, and keep the mulch at least 2 to 3 inches from around the base of the trunk. Keep mulch flat, not mounded, so that water will not run off.

Please tell your landscaper if you see that your trees are not properly mulched!

The Demarest Shade Tree Commission meets on the second Wednesday of each month at 7:30 pm at Borough Hall. Please check out our page on the borough website. https://demarestnj.org/shade_tree

Demarest Garden Club



Programs offered to the public are held from 2:00–3:00 P.M. in the United Methodist Church Social Hall-109 Hardenburgh Avenue. All interested gardeners, visitors and prospective new members are welcome:

September 6th-A Garden Safari-MaryJo Sichak, a photographic view of the flora and fauna that pass through our gardens

October 4th-Flower Arrangements-Barbara Mullens, enjoy the talents of experienced flower arranger/stylist of this dynamic past president of The Garden Club of NJ

New Jersey Botanical Garden Holiday Open House - The Demarest Garden Club has been selected once again to participate in the Holiday Open House at Skylands Manor in Ringwood, NJ. The theme is *Fantasy Holiday*. The manor is open December 5th through 8th from 10am to 4pm. There is a delightful dining/snack area at the Carriage House.

The Garden club oversees Davies Arboretum at 49 Anderson Avenue. Club members meet on Monday mornings 9:30 - 11 A.M., from March to October, weather permitting. The arboretum project was begun in 1977 and is funded by the Garden club and community donations of money, ideas, and service. Your tax-deductible donations to the Demarest Garden Club designated for the arboretum are appreciated. Prospective members are welcome to join us on our service day and participate in Garden related activities as we begin to prepare the grounds for winter.

Membership in the Demarest Garden Club is open to all those gardeners or garden lovers, male and female, from any town. Annual dues are \$32 which includes membership in the Garden Club of New Jersey. To join please contact Membership Chair Barbara DiNovi babadinovi@gmail.com or contact us at our website www.DemarestGardenClub.org

WHY YOU SHOULDN'T KEEP UNUSED PRESCRIPTION DRUGS



POISONING RISKS

Children or pets may be accidentally poisoned by swallowing medicine.



AVAILABILITY

More than **50% of people** who misuse opioid pain relievers **obtain them from family or friends without permission**



MEDICATION SHELF-LIFE

Some **medications degrade over time** and some can become ineffective or even harmful.



DANGERS OF SELF-MEDICATING

Using someone else's medicine or your own unused medicine **may hide symptoms and possibly delay treatment** of a serious medical problem.

SUICIDE ATTEMPTS

Prescription drugs and over-the-counter medications accounted for **94% of emergency room visits** related to suicide attempts in 2009.



DON'T FLUSH

These drugs enter our streams, rivers and lakes harming wildlife and the environment.

SAFELY DISPOSE OF YOUR LEFTOVER DRUGS



Take back programs and events allow the public to bring unused drugs to a central location for **proper disposal**. Visit your local **Police department or Pharmacy** to **drop off your unused medications today**.



If your community does not offer a drug take back program, you can Visit NSC.ORG/DISPOSALRESOURCES to learn how to safely dispose of unused medications.



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