

# Demarest Digest



## The Mayor's Message

I want to begin this message by wishing all of the residents of Demarest a Merry Christmas and a Happy Hanukkah. This edition of the Borough newsletter lists the important dates for this holiday season, including the Christmas Tree lighting and the lighting of the Menorah. Please look for the Borough Calendar (inside and on [Demarestnj.org](http://Demarestnj.org)) and join in the celebrations for those dates.

The Demarest PBA conducts an annual toy drive. If you would like to participate, please bring new, unwrapped TOYS TO THE Borough Hall. There is a large, giftwrapped box for toys in the lobby.

Please read the message below from our Police Chief concerning a new initiative of the department "Project Medicine Drop."  
~Mayor Melinda Iannuzzi

## Police News

### Project Medicine Drop

The Demarest Police Department partnered with the New Jersey Division of Consumer Affairs, which has developed **Project Medicine Drop** as an important component of its effort to halt the abuse and diversion of prescription drugs. It allows consumers to dispose of unused and expired medications anonymously, seven days a week, 365 days a year, at our "prescription drug drop box" located in the Demarest Police headquarters.

**Project Medicine Drop** provides the opportunity to discard unused prescription medications every day throughout the year. The Demarest Police maintain custody of the deposited drugs and dispose of them according to our procedures for the custody and destruction of controlled dangerous substances. We report the quantity of discarded drugs to the Division of Consumer Affairs on a quarterly basis.

### **Winter Weather – Let's be Safe This Winter!**

As winter weather approaches, please remember to clear sidewalks of snow and ice within 24 hours of the storm, per Borough Code 150-33. This Ordinance helps keep the sidewalks clear of snow and ice for our pedestrians and children walking to school. Also, no parking is permitted on snow-covered roads, per Borough Code 166-26. Please remember that parking vehicles on snow covered roads hinders the DPW from plowing your road safely.  
~Chief Christopher Bianchi

**Official Borough Newsletter**

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Please visit the [website calendar](#) for a complete list of Borough meetings. If you notice any misinformation in this newsletter or on our website, please contact Marti Francis ([francis.demarestnj@gmail.com](mailto:francis.demarestnj@gmail.com) or 201-768-0167, ext. 110) so that I may correct it.



## Calendar of Events

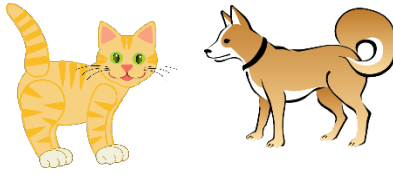


- December 3** Tree lighting and Santa arrival at 7:15 pm at the Railroad Depot
- December 3** Municipal Court 5:30 pm
- December 4** Planning Board meeting 7:30 pm
- December 6-8** The Pottery Show at The Art School at Old Church
- December 9** County Road School Open House for Early Learner 3:30 pm
- December 16** Mayor and Council meeting 7:30 pm
- December 22** Menorah Lighting at 6:00 pm at the Gazebo
- January 1** Mayor and Council Sine Die and Reorganization 12:00 noon
- January 7** Municipal Court 5:30 pm
- January 22** Board of Health meeting 7:45 pm
- January 27** Mayor and Council meeting 7:30 pm
- February 4** Municipal Court 5:30 pm
- February 24** Mayor and Council meeting 7:30 pm
- March 3** Municipal Court 5:30 pm
- March 30** Mayor and Council meeting 7:30 pm

### LOOKING AHEAD

- April 27** Mayor and Council meeting 7:30 pm
- June 16-18** Satellite County Clerk Office in Demarest

**Happy Holidays!**  
**from the Demarest Mayor, Council and Staff!**



## Board of Health News

It is that time of year again! Time to renew your dog and cat licenses for 2020. Pet license applications will be mailed at the end of December and will also be available at the Borough Hall and on the Borough website. All dog and cat licenses are issued starting in the month of January and are due by March 1st. All dogs and cats MUST BE licensed by March 1, 2020. Late licensing will be subject to a \$25 late charge plus the license fee. Every year, in order to be licensed, all dogs and cats must have current rabies vaccinations, expiring no earlier than November 1, 2020. If you have any questions, please contact the Board of Health @ 201-768-0167 ext. # 130.

## Demarest Public School News

**Preschool Open House for Demarest Early Learners (DEL)** The Preschool Open House will take place on Monday, December 9, 2019, at 3:30 pm at the County Road School. Please join us for an informative session on the DEL Program.

**DEL Preschool in Demarest is accepting applications** This tuition-based integrated preschool program is open to all 3- and 4-year-old Demarest residents. **Please call Mrs. Kathy Daly, County Road School Secretary, on December 17, starting at 9:00 am at 201-768-6060 X 51535 to confirm a spot in the program,** which will be filled on a first come, first served basis. Registration will take place from January 6<sup>th</sup> to January 8<sup>th</sup>, 2020. Preschool class for 3- and 4-year olds will be five days a week, from 8:20 to 2:30 pm. This integrated program incorporates the education of general education and special education children, offering a quality early childhood experience. Special education children are selected for the program through an evaluation accordance with NJ 6A:14, by members of the district's Child Study Team. Please visit our website at <http://demarestsd.schoolwires.net> for a complete list of required documents and forms. The application will not be accepted if documents are missing or incomplete. Children are expected to be toilet trained.

**Kindergarten Registration for Demarest Public School** Demarest Public School Kindergarten registration for Fall 2020-2021 will take place January 13 through January 15, 2020, 9:00 - 11:00 am and 1:00 to 2:30 pm. Please call to make an appointment with Kathy Daly, County Road School secretary, at 201-768-6060 EXT. 51535. All registration forms can be found online at <http://demarestsd.schoolwires.net>. Please bring the completed forms along with the child's original birth certificate, three (3) proofs of residence, such as a deed, lease, utility bill, etc. Children must be five years old by October 1, 2019 to be eligible for Demarest kindergarten in September.

## **A Reminder from the Demarest Ambulance Corps on Cold Safety**

Winter adventures can be exciting, and as long as you are prepared to keep yourself warm, you'll be fine. Of course, frigid winter conditions make the proper choice and use of clothing more vital than at other times of the year. Keep warm by following this C.O.L.D. process:

### **C-Clean**

Since insulation is effective when the heat of your body is trapped by dead air spaces, keep your insulating layers of clothing clean and fluffy. Things like dirt and perspiration can mat down these insulating air spaces and reduce the warmth of the garment.

### **O-Overheating**

Avoid overheating by adjusting your layers of clothing to meet the outside temperature and the exertions of your activities. Excessive sweating can dampen your clothing and cause chilling. See C above.

### **L-Loose Layering**

A steady flow of warm blood is essential to keep all parts of your body heated. Wear several loose-fitting layers of clothing and footwear that will allow maximum insulation without impeding your circulation.

### **D-Dry**

Damp clothing and skin can cause your body to cool quickly, possibly leading to frostbite or hypothermia. Keep clothing dry by avoiding clothes such as cotton. Brush snow from your clothing before it melts. Loosen the clothing around your neck and chest. Body heat drives perspiration through many layers of breathable cloth, so do not wear waterproof clothes.

### **Headgear**

The body loses the most heat, 80%, through your uncovered head. This happens because of the many blood vessels that are close to the skin's surface. Wearing a hat or other head protection will help conserve this heat loss.

## **Demarest Ambulance Corps Seeks Volunteers**

The corps is currently in dire need of volunteers in our own Demarest community. We are recruiting moms, dads, and empty nesters to train as EMTs. Healthcare professionals such as doctors, nurses, and nurse practitioners can quickly become EMTs with a short transition course and test. All training is provided free of charge. We also welcome those who prefer to be EMResponders. Learning to provide emergency medical care is an invaluable asset for your loved ones, friends, and neighbors. Please join us to help us help you.

Since 1961, the Demarest Volunteer Ambulance Corps (DVAC) has been providing emergency medical services 24 hours a day depending solely on dedicated volunteers. These volunteers answer 911 calls for help asking for nothing in return and at no cost or charge to anyone. For more details call 201-767-8050 (leave name and number); also, feel free to like us on "Facebook."

## CCO Reminder from the Building Department

In order to rent or sell your home, a Certificate of Continued Occupancy is required. You must complete the application, pay the required fees and have the home inspected prior to any change in occupancy or ownership. This process takes approximately 4 weeks, so make sure you allow ample time. Any question, please call Dot Haight at 201-768-3398.

## The Demarest Public Library

Check out more than books at the library!

- ESL Conversation Group on Tuesdays from 10:30 to 12:00 and Wednesdays from 1:00 to 2:30; no registration needed.
- Morning Movies for adults on the second and fourth Fridays of the month; coffee and rolls are served. Visit [demarestlibrary.org](http://demarestlibrary.org) to find out what we're showing next.
- Free health consultations are offered by a registered nurse on the third Monday of the month. Drop in between 10:00 and 11:00 am for a health history evaluation and blood pressure measurement; no appointment necessary.
- No time to visit? No problem. Visit [demarestlibrary.org/digital-services](http://demarestlibrary.org/digital-services) to learn how to borrow an eBook, download an audiobook, stream a movie or learn a language – all for free with your library card!

From the Children's Room:

- Little Wigglers Storytime is on Mondays at 2:30; Tuesdays and Wednesdays at 10:30.
- Storytime in Spanish is held on the fourth Monday of the Month at 10:00 am. All are welcome!
- Come read with a buddy! The library is hosting Reading Buddies once a month on Tuesdays.
- Chess Club meets every Saturday at 10:00 am. Learn more at [demarestchess@gmail.com](mailto:demarestchess@gmail.com)!
- Stay up to date with the latest events in the Children's Room by signing up for our weekly newsletter at [bit.ly/MissKatesUpdates](http://bit.ly/MissKatesUpdates).

For a complete list of programs, visit [demarestlibrary.org/calendar](http://demarestlibrary.org/calendar).

## Snow Notice Reminder from the DPW

Winter is just around the corner! During the winter season, please do not blow snow or clean your vehicle into the roadway. Also, please do not follow closely behind plow trucks. The Department of Public Works needs to clear the streets several times throughout a storm; therefore, your driveway apron may get plowed in several times. Please be patient, and thank you for your help.

## Municipal Parking

If you are in need of additional parking or somewhere to store a vehicle that should not be parked in your driveway, there are spots available downtown for a nominal permit parking fee. To inquire, please call the Borough Clerk, Susan Crosman, at 201-768-0167, ext. 139, for further details.

## Removal of Large Appliances and Other Equipment

Please call IWS sanitation at 201-768-5407 to schedule an appointment for the pickup of large appliances and other household equipment. Refrigerators, air conditioners, and ice makers must have the Freon removed by a certified service person before pickup. If you are buying a new appliance, please check with the merchant as to whether they will remove and dispose of the old appliance.

## A Seasonal Message from the Demarest Garden Club

Visit the New Jersey Botanical Gardens Open house (2 Morris Road in Ringwood, NJ, December 5 through 8 10:00 am to 4:00 pm.

BELIEVE!!! Yes, there is a Santa Claus. He exists in our hearts and minds. The Spirit of the season is of love and giving. Step into the Back Porch and experience what the season is all about. Immerse yourself in Santa Land!! Find a Santa to make you smile, bring back memories and make your holiday brighter. <http://www.njbg.org/events.shtml>

ENJOY!! DEMAREST GARDEN CLUB

