



# Demarest Digest

## Calendar of Events

- March 1**        **"Birds in the Backyard" 1:00 pm (see Garden Club article)**
- March 6**        **Planning Board Meeting 7:30 pm at the Borough Hall**
- March 25**       **Mayor and Council Meeting 7:30 pm at the Borough Hall**
- March 30**       **Nature Walk and Volunteer Day (Nature Center; see article)**
- April 2**         **Municipal Court 5:30 pm at the Borough Hall**
- April 3**         **Planning Board Meeting 7:30 pm at the Borough Hall**
- April 5**         **"Gardens of the Garden State" 1:00 pm (See Garden Club article)**
- April 6**         **Shred Day 9:00-1:00 at the DPW Building, 22 Wakelee Drive**
- April 13**        **Easter Egg Hunt (Nature Center; see article)**
- April 15**        **Income Tax Day**
- April 19**        **Good Friday Borough Hall offices are closed**
- April 27**        **Northern Valley Earth Fair 11:00-4:00 at the Tenafly Middle School**  
**10 Sunset Lane Tenafly, NJ**
- April 29**        **Mayor and Council Meeting 7:30 at the Borough Hall**
- May 1**         **Municipal Taxes due (grace period ends May 10) visit the website**  
**([www.demarestnj.org](http://www.demarestnj.org)) to pay online. See article inside newsletter**
- May 1**         **Planning Board Meeting 7:30 at the Borough Hall**
- May 7**         **Municipal Court 5:30 pm at the Borough Hall**
- May 20**        **Mayor and Council Meeting 7:30 pm at the Borough Hall**
- May 27**        **Memorial Day Borough Hall closed; parade time TBD**

Please visit the website calendar for a complete list of Borough meetings and to ensure that the details printed here have not changed. If you notice any misinformation in this newsletter or on our website, please contact Marti Francis ([francis.demarestnj@gmail.com](mailto:francis.demarestnj@gmail.com) or 201-768-0167, ext. 110) so that I may correct it.

## Mayor and Council Message

As your newly elected Mayor, I have spent the past few months getting accustomed to the duties of the office. I consider myself fortunate to be the mayor of Demarest, a small town with much to offer its residents. Starting with this newsletter, the Mayor and Council message will highlight one of our town organizations in every issue. Let's start with the Demarest Nature Center. If you aren't a member, please join. This group of volunteers provides nature programs for our residents and our public schools and maintains the green spaces of the Nature Center that help to make our borough so unique. For more information, or to become a member, visit their website: [demarestnaturecenter.org](http://demarestnaturecenter.org).

One of the questions asked most often about borough services concerns the dates of garbage of recycling pickup. Our regular garbage pickup days are Monday and Thursday, with the exception of the following holidays. In 2019, there is no holiday garbage pickup on May 27, July 4, September 2 and November 28.

For more information on Garbage and Recycling pickup, to find out about upcoming meetings or events in town, or to get information on other borough services, please visit the Borough website at [demarestnj.org](http://demarestnj.org).

## The Demarest Nature Center

If you love Demarest and you love nature, then we are the center for you! Call President Peter Coy, (201) 790-5725 or email us at [info@demarestnaturecenter.org](mailto:info@demarestnaturecenter.org) or, to become a volunteer or even a trustee. Meanwhile, please explore our trails any day from dawn to dusk.

### Upcoming Events:

**Nature Walk and Volunteer Day** Saturday, March 30:..At 9:30, naturalist Marc Gussen will lead a walk. At 10:30 am. We will collect litter. Bring gloves. Meet at the parking lot by the Imaginative Playground. Rain date, in case of extreme weather, is Saturday April 13.

**Easter Egg Hunt with a larger-than-life Easter Bunny** Saturday, April 13 at 2 pm in the Imaginative Playground by Wakelee Field. For toddlers through fourth-graders. Raindate, Sunday, April 14.

## A Request from the Recreation Commission

The Recreation Committee is seeking volunteers. Our meetings are always open to the public and we welcome volunteers to assist with recreational activities in town. Our full committee meetings for the rest of the year are scheduled as follows: 3/20, 5/15, 6/19, 9/18, and 10/16 at 8:30 pm at Borough Hall. Please come to our next meeting if you have some ideas and energy to share. Email [francis.demarestnj@gmail.com](mailto:francis.demarestnj@gmail.com) with questions about the Recreation Committee.



### Tennis Permits

Demarest Borough Tennis permits can be purchased at the Borough Hall Monday through Friday 8am to 4pm. The cost is \$5.00 per individuals and \$10.00 per family. The permit is good for one year starting in April. If you have any questions, call 201-768-0167 Ext. #130.



### Board of Health News

#### Pet License Reminder

Pet licenses are due March 1<sup>st</sup>. If you own a dog/cat that is not currently licensed, you must do so immediately. Failure to license your dog/cat will result in a fine and penalty. Along with the licensing fee, a \$25 late fee will be assessed *for each pet* after March 1<sup>st</sup>. Licenses may be obtained from the Board of Health, Monday thru Friday, from 8:00 AM to 4:00 PM or by mail. Rabies vaccination must be valid thru October 31 of the current year. Animals unlicensed by April 1st are subject to fines per Borough Ordinance #89-6. A \$50 fine will be levied for the first offense after April 1. Contact Dot Haight @ 201-768-0167 Ext. 130 with any questions.

- All Cat and Spayed or Neutered Dog licenses are \$11.00.
- Non-Spayed or Neutered Dog licenses are \$14.00.

We would like to remind everyone to please leash your dog. Borough ordinance #89-1:A states: No person owning, harboring, keeping, walking or protecting any dog, whether licensed or unlicensed, shall permit said dog to run at large or unleashed off the premises owned, leased, rented or occupied by such person within the territorial limits of the borough. Thank you for your cooperation.



## A Matter of Balance

### Do you have concerns about falling?

Many older adults have concerns about falling and restrict their activities. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.

The Demarest Board of Health and the Demarest Public Library will be offering a workshop this spring facilitated by two Health Educators from the Bergen County Department of Health Services. This program emphasizes practical strategies to manage falls. Classes will be held twice a week for 4 weeks for 2 hours each.

#### YOU WILL LEARN TO:

- view falls as controllable
- set goals for increasing activity
- make changes to reduce fall risks at home
- exercise to increase strength and balance

#### WHO SHOULD ATTEND?

- anyone concerned about falls
- anyone interested in improving balance, flexibility and strength
- anyone who has fallen in the past
- anyone who has restricted activities because of falling concerns

#### Dates:

Mon. 4/08, 4/15, 4/22, 4/29

Wed. 4/10, 4/17, 4/24, 5/1

**Your presence at the first two sessions (April 8 & 10)  
is mandatory to continue with the rest of the program**

Time: 10am-12pm

For more information please contact Dot Haight at [DHaight@demarestnj.org](mailto:DHaight@demarestnj.org) / (201) 768-0167  
Ext. 130 or Edna Ortega at [ortega@bccls.org](mailto:ortega@bccls.org) / 201-768-8714.

Paper Shredding Event in Demarest April 6 9:00 to 1:00

**BCUA 2019 Recycling Schedule**

The BCUA operates a Household Hazardous Waste Management and Disposal Program for all Bergen County residents - ID required. There is no charge for Bergen County residents to dispose of household hazardous waste material at this program.

| <b>2019 Hazardous Waste Collection Sites</b><br>Hours: 9:00 AM – 3:00 PM (rain or shine) |                                   |
|--|-----------------------------------|
| Bergen County Utilities Authority<br>Foot of Empire Blvd., Moonachie                     | March 9<br>November 16            |
| Bergen County<br>Community College<br>400 Paramus Rd., Paramus                           | April 14<br>June 23<br>October 20 |
| Bergen County Campgaw<br>Mountain Reservation<br>200 Campgaw Rd., Mahwah                 | May 11<br>July 20<br>September 14 |

**Acceptable Household Hazardous Waste**

For a complete listing go to <https://www.bcu.org>

**Electronics/Tire /Shredding Events**

| <b>2019 Computer/Electronics Recycling, Tire Recycling<br/>&amp; Paper Shredding Events</b><br>Hours: 9:00 AM – 3:00 PM (rain or shine) |                      |
|---|----------------------|
| Bergen County<br>Community College<br>400 Paramus Rd., Paramus  | April 7<br>August 17 |
| Bergen County Campgaw<br>Mountain Reservation<br>200 Campgaw Rd., Mahwah  | June 8<br>October 6  |

**Tire Recycling** -Four (4) tire limit, per delivery. Tires with or without rims accepted.

**Electronics** - Recycle laptops, monitors, cables, wires, speakers, computers, televisions, stereos, printers, and more!

**Paper Shredding** -Recycle your confidential documents such as, bills, receipts, tax returns, medical records, legal documents, etc. safely by shredding them. (Recycle magazines and non-confidential paper at curbside.)In an effort to accommodate everyone, there is a limit of four (4) bags/boxes, weighing no more than 10 lbs. each.

## Demarest Public School News

Demarest Public School District is still accepting applications for Kindergarten registration for the 2019-2020 school year. A registration form can be found online at <http://demarestsd.schoolwires.net> County Road School. Please bring the completed forms along with the child's original birth certificate and three (3) proofs of residence, such as a deed, lease, utility bill, etc. Children are eligible for Demarest kindergarten in September if they will be five years old by October 1, 2019.

Please call Kathy Daly, County Road School secretary, to schedule a registration appointment at 201-768-6060 X 51535.

## The Art School at Old Church

The Art School at Old Church is excited to announce its new online registration platform, which will allow students to register themselves for the upcoming spring semester. Registration begins Tuesday, February 12, but new and existing students can visit [www.tasoc.org](http://www.tasoc.org) and click on 'Classes' to begin to explore spring offerings on the new registration website. The Art School's spring semester begins April 1, 2019, and runs through early June. The Art School offers classes for adults, teens, families, and children – including those with special needs – in a variety of courses such as basketry, collage, drawing, jewelry making, painting, photography, pottery, printmaking, sculpture, and more. There are classes to suit all skill levels, as well as workshops.

New children's classes include: "Creative Clay" for ages 5-6, "Art with Style" for ages 9-11, and "Sculptural Craft" for ages 9-11. The Art School will expand its offering to include its first "Musical Theatre Workshop" for ages 9-11. This class will introduce students to the fundamentals of musical theatre with lessons that focus on improvisation, character development, and techniques.

In "Art Exploration: For Students with Special Needs," students will move at their own pace, engaging in meaningful and fun art experiences including drawing, painting, creating comics, using mixed media, and much more, all with individualized attention from the instructor.

Family art classes are a wonderful way to spend quality time together! John Mungiello and Karen Elder will teach "Drawing and Painting for Families" and "Mixed Media for Families." Both classes provide unique opportunities for children ages 4+ and their parents (or grandparents!).

New spring 2019 courses for adults include "Weird and Wonderful Special Effects Glazing Techniques," "Adventures in Mold Making and Slip Casting," "Naturally Beautiful: Ceramics Inspired by the Natural World," and "Explorations in Jewelry Techniques and Design."

Not sure which medium, teacher, or class is right? Take a workshop and get a taste or stop by the school and the staff will gladly help! Call 201-767-7160 for a printed catalog or visit [www.tasoc.org](http://www.tasoc.org).

## From the Demarest Ambulance Corps

This year we are asking you to consider adding volunteering to your resume. The myth is that there are always enough volunteers, that volunteering something that other people do. The truth is that our members are people just like you. They are business owners, Wall Street Executives, Police Officers, active members of the Military and Veterans, White collar workers, Blue collar workers, Students, moms, dads, grandparents and high schoolers! They are your neighbors. To learn more about the Demarest Volunteer Ambulance Corps or to join us for an upcoming drill, message us through this page or our website <https://www.demarestems.com/contact> Serving our neighbors since 1961.

### **Congratulations to our members taking office on January 1, 2019!**

☆Administrative Officers  
President: Joanne Pianghi  
Treasurer: Diane Marelo  
Secretary: Roberta Hoag  
☆Operations Line Officers  
Chief: JP Fortunato III  
1st Asst Chief: Ashley Turi  
2nd Asst Chief: Jason Rodriguez

## CCO Reminder from the Building Department

In order to rent or sell your home, a Certificate of Continued Occupancy is required. You must complete the application, pay the required fees and have the home inspected prior to any change in occupancy or ownership. This process takes approximately 4 weeks, so make sure you allow ample time. Any question, please call Kate Williams at 201-768-3398.

## Municipal Parking

If you are in need of additional parking or somewhere to store a vehicle that should not be parked in your driveway, there are spots available downtown for a nominal permit parking fee. To inquire, please call the Borough Clerk, Susan Crosman, at 201-768-0167, ext. 139, for further details.

## Set up your **Medical ID** on your **iPhone** or **Android**

**Medical ID** helps first responders access your *critical medical information* from the Lock screen, without needing your passcode. They can see information like allergies and medical conditions as well as who to contact in case of an emergency.

### iPhone

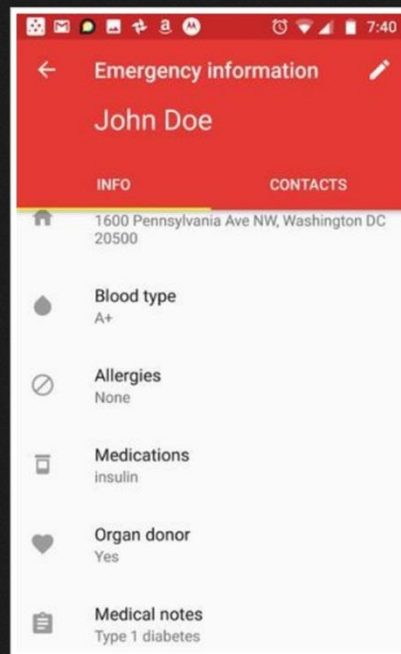
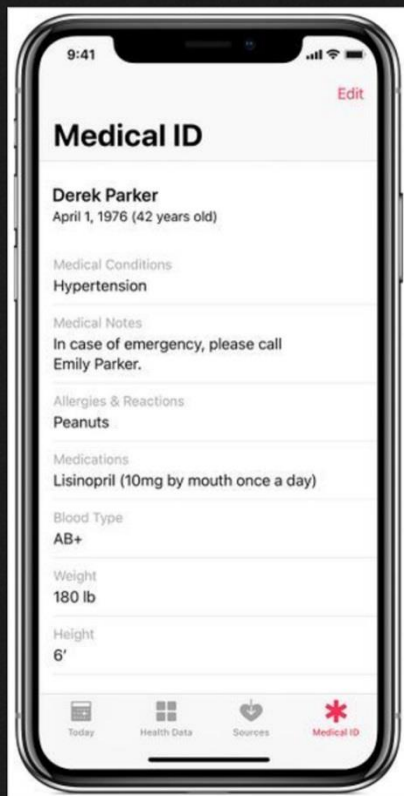
- Open the Health app and tap the Medical ID tab.
- Tap Edit. If asked, tap Edit Medical ID.
- To make your Medical ID available from the lock screen, Turn On Show When Locked
- Enter medical information like your; DOB, Medical Conditions, Medications, and Allergies
- Tap Done

You can also add Emergency Contact information in this feature

### Android

- Open device settings app.
- Tap System > About Phone > Emergency Info  
- if you do not see emergency info go back and tap Users & Accounts then > Emergency Info
- Tap Edit Information or tap Info
- Enter medical information like your; DOB, Medical Conditions, Medications, and Allergies
- Enter health information like your, DOB, Medical Conditions, Medications, and Allergies
- Tap Done

You can also add Emergency Contact information in this feature



*created by Ashley Marie*



## Removal of Large Appliances and Other Equipment

Please call IWS sanitation at 201-768-5407 to schedule an appointment for the pickup of large appliances and other household equipment. Refrigerators, air conditioners, and ice makers must have the Freon removed by a certified service person before pickup. If you are buying a new appliance, please check with the merchant as to whether it will remove and dispose of the old appliance.

## Demarest Historical Society

Patrick Ednie, gentleman from Pennsylvania, recently contacted us about a piece of Demarest's historical Dutch Colonial past. Patrick is interested in Dutch Colonial homes and history and purchased a door latch that was in Demarest's first known house, built in 1723. A fading piece of paper on the back of the wood on which the latch was displayed indicated its origin: part of the rectory of St. Joseph Catholic Church on County Road. He brought in the iron latch along with a number of other Colonial iron locally made items. He was given a tour of the locations of early Dutch heritage in Demarest and a bit north that were significant to United States history.

Another former resident donated a framed copy of the 1890s Demarest map. We appreciate all donations to our Demarest Borough Archives. History is interesting and important. Any photos of past events are needed and welcomed.



## Demarest Public Library

Did you know that you can check out these [museums for free](#) with your Demarest library card? Passes to admit 4 to 6 people may be checked out to adult Demarest residents only - no reserves.

[Book discussion group](#) for adults meets second Thursday of the month 7pm

[ESL](#), learn English: Tuesday- 10:30 am -12:00 noon Wednesday-1:00-2:20. Any questions, contact Orla Cassidy 201-768-8714

[Knitting](#) first & third Wednesday 7:30- 9:00 PM.

## Demarest Garden Club News

Business meetings are held at 1:00PM, first Friday monthly, September thru June, at the United Methodist Church on Hardenburgh Ave. Guest speakers present their programs at 2:00PM which are open to the public. Refreshments follow.

[Programs](#) March 1, 2019: "Birds in the Backyards" with speaker Jim Wright, writer for the record in his column "The Bird Watcher."

April 5, 2019: "Gardens of the Garden State" presented by speaker Dr. Edith Wallace, historian.

[Field trips](#) visit public and private gardens and arboretums, horticultural and environmental events such as the NJ and Philadelphia Flower shows, and the NJ Botanical Gardens Skyland Holiday Open House.

[Annual fundraiser](#) Pre-order plant sale including annual and perennial plants and flowers. Visit [www.demarestgardenclub.org](http://www.demarestgardenclub.org). Our prices are very reasonable. Proceeds help fund the club's civic projects and activities and support the Garden Club of NJ garden, scholarship and environmental projects throughout the state. Pickup is at the United Methodist Church on Friday May 3rd (2:00-5:00 pm) and Saturday May 4th (9am-1pm). We deeply appreciate and thank everyone who orders from us.

[Membership](#) is open to anyone interested in learning about and preserving your own and community gardens. You don't have to be an expert. Call membership chairwoman, Elisabeth Evans (201) 768-0263 or contact us at [www.demarestgardenclub.org](http://www.demarestgardenclub.org).

## From the Finance Office

Second quarter taxes are due May 1, 2019 (grace period ends Friday May 10). You may pay your taxes online via the Borough website [www.demarestnj.org](http://www.demarestnj.org). You will be charged a flat \$1.50 for electronic check payments; 2.65% for Credit Card transactions. If you have questions, please call our office (201) 768-3611, Monday to Friday 8:00-5:00.

**Follow these steps:** Click on tax payment. Click on Add item on the next screen. Click on Checkout in the next screen. On the next screen, supply all the information requested and make sure that you check the box acknowledging that you agree with all the charges. On this screen, you can switch to pay by electronic check rather than credit card if you wish. You can search your tax amount by Block/Lot **or** last name. If you use Block/Lot, please exclude the 0s preceding your Block & Lot on your tax bill (key in 25-8 or 120-3.01 or 120-11.31-C00E1; please note the Caps with the Bellaire Condominium units). If you are having trouble with the Block/Lot, try searching by your last name.

## A Request from the Environmental Commission

Help us turn trash into a treasure! Bring your used grocery bags to the DPW. If we can collect 500 pounds of grocery bags, the Trex Corporation will turn them into a bench for our town.

Trex®

OUTDOOR LIVING. ELEVATED.

Community Collection  
Information Sheet

**How does the Challenge work?**

1. Determine a 6 month collection period
2. Recycle 500 pounds or exceed this amount in six months.
3. Weigh and keep record of the amount of film collected each month)
4. Deliver the collected plastic film to a participating retailer
5. Report collection totals to Stephanie Hicks each month ([shicks@trex.com](mailto:shicks@trex.com))
6. The next collection cannot start until the end of the six month period

**What does Trex provide?**

- Three recycling bins
- One poster
- Bench if goal is met

**What can be recycled?**

- Pallet wrap and stretch film
- Grocery bags
- Bread bags
- Case overwrap
- Dry cleaning bags
- Newspaper sleeves
- Ice bags
- Wood pellet bags
- Ziplock and other reclosable food storage bags
- Produce bags
- Bubble wrap and air pillow
- Salt bags
- Cereal bags

All plastic must be clean, dry and free of food residue





# Northern Valley Earth Fair

## WANTED:

**Vendors, Sponsors, Clubs,  
Exhibitors, Not-For-Profits**

*Environmentally friendly or sustainable products  
or services, educational information or activities*

Join Us On:

**Saturday, April 27, 2019**

**11am - 4 pm**

**Tenafly Middle School**

**10 Sunset Lane**

**Tenafly, NJ**

**Organized and Supported by Volunteers From:**

**Closter, Cresskill, Demarest, Harrington Park, Haworth,  
Norwood, Old Tappan & Tenafly**

For registration info. visit

**[www.nvearthfair.org](http://www.nvearthfair.org)**