



Friends & Neighbors:

Heat Alert ! The first heat wave of the season is here - forecasted HIGH TEMPS for this Sunday through Wednesday between 96-100 degrees with the “feel like” temps even higher!! Please be advised that Borough Hall shall serve as a cooling center for the town.

General Heat Safety Tips:

- Stay hydrated by drinking plenty of water throughout the day, even without feeling thirsty.
- Seek cool environments, such as libraries, malls, or designated cooling centers.
- Limit outdoor activities, especially during the hottest hours of the day (usually 11 am to 4 pm). If outside, do so during the cooler morning hours.
- Wear lightweight, light-colored clothing.
- Check on vulnerable individuals to ensure they are safe and have access to cool spaces and fluids.
- Conserve energy, especially during periods of high demand, to help prevent power outages. Tips include setting air conditioners to a higher temperature (e.g., 78 degrees) and running appliances during cooler times of the day.
- Never leave children or pets in cars, as temperatures inside can become dangerously hot.
- Please make sure all family members and pets are hydrated and kept cool.

And, Important: If someone experiences signs of heat-related illness, such as hot dry skin, trouble breathing, rapid heartbeat, confusion, disorientation, or dizziness, call 911 immediately!

Movie in the Park

Don't miss Recreation's **Movie in the Park** next **Wednesday June 25** featuring a surprise family friendly movie. **Event should start by 7:30 pm.** The night will kick off with music and the ice cream truck with some treats, followed by a movie. See you at the movies!

Demarest Recreation Summer Line-Up

Demarest Recreation is proud to offer **summer concerts on Wednesday evenings at 7:30 pm at the Gazebo again this year. Thank you, Demarest Rec!** The concert series will be held on **July 9, July 16, July 23, August 6 & August 13.** For updates and scheduled performers, please visit the **Borough website.**

Juneteenth

Today, **June 19 is Juneteenth**, commemorating the end of slavery in the United States. The day is a celebration of freedom, resilience, and the ongoing fight for equality. **Borough offices will be closed on Friday June 20**; however, since the Governor signed into law the incorporation of Juneteenth as one of the state's holidays, to be celebrated on the third Friday of June.

The Demarest Library

Join us at the library on **Tuesday, June 24th for a Unique Creatures Animal Show** to kick-off the start of Summer Reading! Unique Creatures is a live animal show that gives kids a chance to meet and learn about some of the most interesting animals from all over the world. This will be held at the Demarest Gazebo. In the event of inclement weather, we will meet at the Demarest Train Station located on Park St, Demarest, NJ.

It's time for **Adult Summer Reading at The Demarest Library!** Come to the library to sign up where for each book read, you get a raffle ticket that counts towards a grand prize for the lucky winner! To learn more and to register, stop by the library today!

On Saturday, June 28th from 1:30 - 3:00 pm, the Bob Wylde Quartet with vocalist Frank Noveillo (Demarest School District Substitute) will be performing The Great American Songbook and filling Demarest with the beautiful sounds of jazz. Bring a lawn chair or picnic blanket to the Demarest Gazebo, across the street from the Demarest Duck Pond, and enjoy the music with us!

Reminder Borough offices are closed tomorrow, Friday June 20 in observance of Juneteenth. My Friday email is being sent today since Borough offices will be closed tomorrow.

Have a great weekend and stay cool!

Mayor Brian K. Bernstein

*My Friday emails to the residents are now reaching **1,147 people!** My goal is for every Demarest resident to be up to date on what is going on around town, please help with that goal by forwarding this email to your friends so they can visit demarestnj.gov and sign up for my weekly emails! The link can be found about halfway down the homepage.*

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